



annual report

2018 19



Dear friends,

Thank you for reviewing our annual report and for standing alongside us for another year of accomplishments in Naranjito.



This has been a year of “firsts” for us with our donor base **increasing nearly 40%**, yielding our best year for fundraising in our 22-year history. Thank you for making this past year one that raised the bar for what we can do in the future. A couple of years ago, a generous group of core donors stepped up to combine their resources to provide for all of our operational expenses of Somos Amigos Medical Missions. Their generosity allows us to reassure you that 100% of every gift you make will be used for program services and direct patient care.

Your contributions, most importantly, allowed us to achieve some other “firsts” that I know you will enjoy hearing about.

INSULIN OUTREACH PROGRAM

Somos Amigos is now a pioneer in getting life-saving medication to diabetic patients who live in isolated mountain communities. Launched in the summer of 2018, **we have now brought three cohorts of patients into our Diabetes Outreach Program.** Patients are identified through screenings by our physicians, and then those who are eligible go through a training program with one

of our volunteers. We also require that a family member attend the training. Upon “graduation,” the patient receives all of the supplies necessary to begin his or her insulin regimen. We provide the insulin as well, and patients report to us regularly with their blood sugar readings. A physician in the U.S. monitors the numbers and makes adjustments to the dosing as needed.

OTHER “FIRSTS” AND INITIATIVES

We have **assembled a Women’s Health Committee**, chaired by Sheila Cullen. The group will address the unique needs of our female patients, and we will begin to implement the group’s suggestions as soon as this fall. See the separate article about this committee in this report.

Isaac Lasko, a medical student at Tufts University, spent two months in Naranjito this summer (2019) working on a research project focused on Care for Hypertensive Patients. Issac did an exhaustive review of our patient records, and when his project is completed, we will have a **better understanding of how effective our treatment of hypertensive patients has been** over the course of twenty-two years.

We have taken the first steps in **investigating the implementation of an Adult Immunization Program.** Anecdotal, we know that our pediatric patients have had most of the commonly recommended childhood immunizations. Most of our adult patients, on the other hand, rarely keep their immunizations up to date. We want to provide our patients with those immunizations.



LOOKING TO THE FUTURE

Somos Amigos continues to operate from a position of strength in both sound fiscal practices and a talented, committed board. This summer **we welcomed three new Board members** to our Board of Directors. In June the Board spent a day looking to the future: where do we see ourselves in three years? Five years? Ten years? Twenty? We are working on another first—a strategic plan, and we hope to share that with you soon and begin implementing elements of that plan this coming year.

A TRUE PARTNERSHIP

Essential to the success of Somos Amigos, and fundamental to our plans for the future, is the special relationship we have with our host community. Our work is their passion as much as it is ours, and their input is essential to our planning.

Over 800 volunteers have joined us through the years (more than 100 in the last year alone) and have laid a foundation for success that we continue to build upon. Our volunteers serve our organization and our patients with humility and compassion. Our patients receive the highest level of care possible thanks to the commitment of our dedicated volunteers.

RECENT NEWS

Some firsts have both a good and bad side to them. As I write this, the new school year is underway in Naranjito. We built the school years ago and keep it furnished and stocked with books, supplies, and equipment. Of course, our medical and dental facility is our primary focus, but many people don't realize that Somos Amigos also supports the community in this way.

In early August, a once-in-a-lifetime tornado tore through Naranjito, peeling the roof off the school building and rendering unusable all of its contents. We posted an appeal on social media, and within hours **dozens of you came through and helped us establish a special fund** dedicated to repairing the structure and replacing all that was needed for the start of the school year. The good news: **school started on schedule**, with happy students and teachers grateful (again) for the support of so many far-away patrons. Your response to the school's damage was yet another example of the enthusiastic support that has been the lifeblood to Somos Amigos for twenty-two years.

Somos Amigos is indeed a model, a sterling example of what is possible when good-intentioned people combine their resources in the service of others. Our donors have always come through for us. Yes, we are friends.

Our work would not be possible without you. To our donors... words often seem inadequate, but we say "thank you" for believing in us and in our mission. Thank you for helping us heal. On behalf of our brothers and sisters in Naranjito, ¡Gracias!



Frank Brightwell,
Executive Director

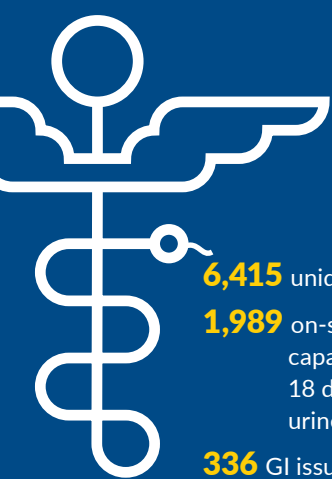


BOARD OF DIRECTORS

Mary Denger, *Chair*
James McCann, M.D., *Vice-chair*
Patricia Prince, *Secretary*
James Noonan, *Treasurer*
Amy Daubert, *joined July 2019*
Sheila Cullen
Emily Holland
Sharon Huang, D.D.S., *joined July 2019*
James Hudson, D.M.D., *joined July 2019*
Marcus Jimenez, M.D.
Michael Kaminski, D.D.S.
Michael Keegan, M.D.
Marc McKenna, M.D., *term ended July 2019*
Gareth Moore
Frank Brightwell, *Executive Director*

ABOUT SOMOS AMIGOS

Somos Amigos Medical Missions® is incorporated in the State of California and is recognized by the Internal Revenue Service as a 501(c)(3) public charity.



1,613 unique medical visits

6,415 unique prescriptions

1,989 on-site lab tests, with capability to perform 18 different blood, urine, saliva tests.

336 GI issues treated

180+ hypertensive patients under care with maintenance medications

215 dermatological issues treated

137 infections treated

27 ultrasounds & echocardiograms

51 EKGs

13 PAPs

58 patients referred for surgeries and other procedures

MEDICAL DEMOGRAPHICS



83% Dominican
17% Haitian



54% Female
46% Male



82% Adults
18% Children



87% Returning
13% New Patients

FINANCIALS

\$322,394

 spent this year

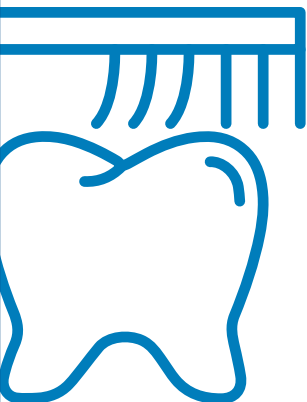
\$246,314 / 77%
program service expenses
and direct patient care

\$68,205 / 21%
management, general
organizational expenses

\$7,875 / 4%
fundraising efforts

We are grateful for our corporate and foundation support, but **more than 90%** of our annual contributions come from **individual donors like YOU**. And because a generous group of core donors provide for all of our operational expenses, **100% of your gift** will be used for patient care. **Thank you!**

Because we're recognized as a 501(c)(3) charity, your gift is **completely tax deductible**.



698 unique dental patients

578 tooth surfaces filled with composite or amalgam

191 prophylaxis treatments

103 extractions

DOZENS of other treatments: sealing, polishing, root canals, etc.



DENTAL DEMOGRAPHICS



87% Dominican
13% Haitian



48% Female
52% Male



79% Adults
21% Children



71% Returning
29% New Patients



Did you know that only seven out of 100 mothers exclusively breastfeed their babies in the Dominican Republic? And that 20.5% of young women ages 15-19 become pregnant in their teens?

We are listening to the concerns of our Naranjito brothers and sisters. **The Women's Health Committee was created directly in response to input from our local community.** In thoughtful collaboration with them, our new committee has developed three major initiatives: contraception, menstruation management, and family planning education.

Many young women, especially in rural areas, have very little access to birth control, leading to life-altering, unplanned pregnancies. Beginning in October, **Somos Amigos will be offering Depo-Provera**, an injectable contraceptive that is safe, reliable and has few complications, while expanding education and distribution of condoms.

Menstruation management is often a challenge for women and girls, especially for those who are unable to afford disposable products. Without resources to purchase feminine hygiene products, many girls refrain from attending school during their menstruation cycle. In October, **we will be piloting the distribution of washable and reusable menstruation kits**, so that girls and women unable to afford disposable hygiene products will have a safe alternative free of cost, allowing them to participate in school and other activities without fear of embarrassing consequences.

We are also in the process of designing a **comprehensive, culturally sensitive family planning education program**. Education units will address contraception and prevention of sexually transmitted diseases, menstruation management, and breastfeeding and infant health.

Lastly, we plan to improve and standardize services we currently offer related to women's health. These include offering PAP smears and managing results, performing breast exams, and pregnancy testing.



RESPECT, DIGNITY, JUSTICE, COMPASSION, EXCELLENCE.

These are our values. Our mission: in partnership with the community of Naranjito, we commit to delivering unparalleled quality and reliable healthcare to isolated mountain communities in the Dominican Republic.

OUR VISION IS TWOFOLD:



To stand in solidarity with those who struggle, to bring healing and hope to as many patients as possible and with ever-increasing levels of care.



To be a model of partnership and cooperation, to show what is possible when friends and colleagues work together in the service of others.

OUR AMAZING VOLUNTEERS

Marvin Abarca
Jorge Arce
Lucia Arias
Jodi Babbs
Morgan Babbs
Sophie Barkhodari
Juan Barnes
Virinia Belliard
Anna Brock (two trips)
Ed Brock
Carol Buchman
Matthew Cichocki
Tim Crawford
Angela Crincoli
Amy Crockett
Sheila Cullen
Jim Daubert
Thomas Daubert
Carlo De Leon
Nancy Donohue
Sean Dwyer
Christopher Ferguson
Karen Filice
Carlos Garzon
Anne Gilleland
Larry Gilleland
Dave Godwin

Steven Gonzalez
Isabel Gorsuch
Adrian Gutierrez
Mayce Haj-Ali
Peter Hamm
Blake Harvey
Cam Henao (two trips)
Diego Hernandez (three trips)
Sharon Huang
Helen Jackson
Mamoon Jallad
Malorie James
Cami Jimenez
Marcus Jimenez
Melissa Jimenez
Olivia Jimenez
Andrew Johnston
Clarissa Johnston
Tara Johnston
Toni Johnston
Kate Kaminsky
Mike Kaminsky
Mort Kavalier
Ed Keath (two trips)
Mary Keath (four trips)
Mike Keegan (two trips)
Colleen Kelly

Ellen Kitchen
Michelle Klancnik
Emily Lamberson
Erica Leone
Kenneth Leong
Tomer Madar
Mary Magnani
Dione Mahoney (three trips)
Jim Mahoney (three trips)
Amy Mangino
Elizabeth Mason (two trips)
Julio Mazzarella
Micaela Mazzarella
Jim McCann
Nicole McGrath
Marc McKenna
Adolfo Merlin
Gerda Mendi
John Mihalik
Simar Nagyal
Jamie Noonan
Christina Nunez
Nicole Panzica
Michelle Patterson
Ana Pinczuk
Crystal Pineiros
Jackie Poggi

Alexa Previti
Patty Prince
Sobia Rafiuddin
Jessica Ramos
Carolyn Riley
Adan Rodriguez
Ray Rodriguez
Ashley Rogers
Katalin Roth
James Skaff
Michael Sweeney
Jenny Tan
Chantal Tavares
Matthew Taylor
Shahra Toth (two trips)
Lynda Torre (two trips)
Pamela Vainer
Mariel Valerio
Alex Vaziri
Desiree Velez
Rachel Volke
Laura Watkins
Heather Williams
Locke Wilson
Deidra Woods
Evan Woods
Mark Yost (two trips)

CORPORATIONS, FOUNDATIONS, GIFTS-IN-KIND

Abaxis
Amazon Smile Foundation
Anonymous
A Tale of Two Hygienists
Barr Foundation
Teo Beato, M.D.
Benevity Community
Impact Fund
Boitano & Sargent, LLP
Christ Episcopal Church
Coastal Community
Foundation
Cooper-Garrod Estate
Vineyards
Sheila and Tom Cullen
James Daubert, M.D.

Carlo de Leon, D.D.S.
Mary and Michael Denger
Gloria Diaz, M.D.
Sean Dwyer, M.D.
Karen and Peter Filice
Genentech
The Good Beginning
Todd Gustin
eScrip
Raquel Guzman Liriano, M.D.
Hodelpa Garden Court Hotel
Immaculate Heart
Academy, New Jersey
Henry J Kaiser Family
Foundation
Kaiser Community

Giving Campaign
Mary and Ed Keath
The Patricia Kind
Family Foundation
Lake Foundation
Cezar Lopez
Marsh & McLennan
Companies
Elizabeth Mason
George and Angela
Moore Foundation
Network for Good
The New York Community
Trust Wallace Special
Projects Fund
News Corp Giving

PayPal Giving Fund
St. Margaret's
Episcopal Church
Salt Lake Donated
Dental Services
Clara Santillan, M.D.
Sibley Memorial Hospital
Steele Family Foundation
Stone Ridge School of
the Sacred Heart
TechSoup
Venable, LLP, Baltimore
Laura Watkins
Willamette Dental Group
Cindy Yost
Virginia Distillery Company

This year, we've shared some incredible moments on social media. Join us to stay up-to-date!



facebook.com/SomosAmigosMedicalMissions



instagram.com/somos_amigos_medical_missions

OUR GENEROUS BENEFACTORS

JULY 2018–JUNE 2019

AMIGO (\$5000+)

Thomas & Lisa Blumenthal
Jeffrey Chambers &
Andrea Okamura
Stephen & Evelyn Colbert
Sheila & Thomas Cullen
Michael Denger & Mary
Colbert Denger
Barbara & Amos Hostetter
Marcus & Melissa Jimenez
James McCann &
James Canales
Mark Pierotti & Frank
Brightwell

AGUACATE (\$2500-4999)

Garima Hoffmann
William & Priscilla Russel

PIÑA (\$1000-2499)

Hanna & Jim Bartlett
Donna Campagna
Chester & Sydneya Dacres
Mary Feliciano
Karen & James Hibey
Sharon Huang
Andrew Johnston
Michael & Margaret Keegan
Christina Kind
Bruce Lamott
Philip Lovejoy
Dione & James Mahoney
Dan McKenna
Marc & Laura McKenna
Sigal & Donald Milenko
James & Stacey Noonan
Patrick O'Keeffe
Patricia Prince
Katalin Roth & Philip
Singerman
Paul Vigario
Laura & David Watkins

GUINEO (\$500-999)

Jorge Arce & Desiree Santa
Bernard Arons
Julie Ball & Terry Canizzaro
Timothy Broglio
Carol Buchman &
Dave Godwin
Lee Cobb
James Colbert
Kathleen & Edward Colbert
Thomas Colbert
Jeffrey & Lilliam Collmann
James & Amy Daubert
Justin DuFour
George & Carroll Dunn
Kristal Ferchau
Karen & Peter Filice
Laura Garbacz
Terri Hall
Diego Hernandez
Scott & Barb Janni
Kevin & Beth Keegan
Ellen & Keith Kitchen
Rita Lanphier
Andrei Marinenco
Deirdre McHugh
John & Cathy Mihalik
Ewing Miller
Stephen Ochs &
Phyllis Ouellette
Katherine Olbrantz
Allie Pang
Thomas Pierotti
Jacqueline Poggi
Soon Poh & Ruth Tsai
Peter Reiner
Jason & Kristen Smoker
Joseph & Susan Speicher
Nancy Tkalecivic
Lynda Torre
Ellen & John Walsh
Gloria White

MANGO (\$250-499)

Anonymous
Peter Antonopolis
Ann Barnes
John Cohen
John Copley
Amy Coppis
Christopher Cotronei
Barto & Margaret Crivella
Susan DesJardin
Judith Dudek
Susan & Randy Dyer
Eva Echemendia
Carter Evans
Lynn Feeney
Louis Goodman
Beverly Green
Mary Jane Greene
John & Maura Hillegras
Larry & Paula Hlobik
Kelly & Emily Holland
Helen Jackson
Michael & Kate Kaminski
Mary & Ed Keath
William Leary &
Robert Stabile
Robert Little
Ryan Long
Devra Marcus &
Michael Horowitz
Ryna Marinenco
Joseph McMahon & Lorna
Denger McMahon
Kent & Elaine Moberly
John Parissenti &
Linda Chin
Mary Beth Persons
Ellen Polignano
Mark Regoli
Ditka Reiner
Kevin & Carolyn Riley
M Isabel Rodriguez
Kamran Sadr
Ellen Schneider
David Schon
Jean Schulz
Julie Silverstein
Richard A Stalls
Michele Takei
Dina Tanners
Sandy Tarpinian
Jan & Dick Thompson
George & Shahira Toth
Hector & Giannina Velez
Patricia Vierra &
Renee Viera Lee
Gregory Wagner
Rosita Whitman &
Nancy McCarrroll
Krystine Yu
Matthew & Rupa
Zimmermann

LECHOSA (\$100-249)

Ivaylo Aleksiev
Stephen Alpern
Anne & Larry Andreas
Ansari
Kenneth & Patricia Auld
Richard & Paula Avon
Nivea Ayala
F Bark
Elaine & Dave Barry
Sue & Bob Barry
Ruthann Bates
David & Joan Bechhofer
Norma Bise
Steven Bo
Jon Boeckensdt
Sarah Bradford
May Brightwell
Cynthia Brown
Jacqueline Browning
Deirdre & William
Buckingham
Maria & Robert Burka
Claus Busch, III & Elizabeth
Colbert Busch
Janice & Craig Campbell
Maureen Carlin
Michael Chandler
Charles Chen

Christine Berardo &
Robert Markowitz
Andrew Cobb
Marilyn Coffey
John Conaghan
Katherine Marie Cone
Martha & Jeffrey Convisser
Andy Corrigan &
Tigerlily Rosen
Chris Dionot
John Dolan & Carol Rubino
Matthew & Nancy Donohue
Thomas Drexler
Sean & Deb Dwyer
Andrew Emery
Joseph & Anne Felsen
Nancy & James Focht
Ann Freitas
Maryanne Gallagher
Freddy Garcia
Yousef German
Christopher Gibson
Myles Glancy &
Christopher Filice
Bridget Glazarov
Robert & Mary Gold
Sandy Goldberg
JJ Gorsuch
Diane Griego
Julie Hager
Stanley Hall
Peter & Maria Hamm
Alanna & Brendan Hart
Christine Hatton
James Hemelt
Charles Hoke & Ellen
Boudreau
Mim Hruby
John & Hope Hutton
Sands & Maureen Irani
Sandy Jennings
Lorraine Johnson
Toni Johnston
Alida Kalas
Bob & Kate Kalas
Morton & Sandy Kavalier
John & Mary Kavaliunas
Michael Keegan, Jr.
Lisa Keller
Ed & Connie Kelly
Anna Suttman Kenworthy
E.W. Kline
Bruce Kohl
Tristram Kruger
Blair & Sue LaGrandeur
Peter Laipson
Ivan Ledesma
Susan & Charles Leiter
Anne Maloney &
Patrick McCrystle
Elisabeth Mason
Robin & Barry Mauk
Julio & Kim Mazzarella
Micaela Mazzarella
Jeanne McCann
Julie & Kent McCullough
Michael McGarry
Charles & Jessica McGinnis
Stephen McMahon
Renee Meath
Margit Meissner
Jennifer Merrill
Margaret Miller
Jill & Roger Milton
Heather Montoya
Gareth & Maggie Moore
Michael & Margaret
Murphy
Michele & Jay Naish
Michael & Carol Noonan
Michael & Maryellen
Noonan
Ryan Noonan
Meris Ota
Suellen Paleologos
Louise Paustenbach
Jean-Rene Pierre-Charles
Paula Rees
Isaac Roberts
J Francisco Rodriguez
& Maria Latham
Raymond Rodriguez
Jeffrey & Rachel Rohrer
Martha Roth
Mary Elizabeth Ryan
James & Madeleine Schaller
Steven Schooner & Heidi
Mandanis Schooner
Eric Simball
Melanie Smith
Patricia & Robert Stack
Linda Starling
Maria Strid
Michael Sullivan
Barbara Swoyer

Jenny Tan
Deborah Tindale
Kily Tolentino
Susan Tuttle
Adrienne Vilaubi
Cathy Villacorta
Eleanor Webster
Caleb Weinstein
Esther Wells
Lynn & Maurice Whelan
Melanie Yicksich
Robert Zimmermann

CHINOLA (\$50-99)

G. Bruce Andrews
& Elke Baker
Alisa Arrigo
Leonid Barinstein
John & Jane Bauer
Serge Bazinga
Patricia Beall
Catherine Bell
Linda Benson
Megan Beukema
Trevor Bonat
Liz Brauser
Steve Brightwell &
Tom Rickert
James P. Caulfield
Annie Cho
Kaya Chwals
Sally Cleverger
Julie Crum
Stephen Crum
Lloyd Dallet
Gael & Pat Delany
Michael Derogatis
Helen Desaulniers
Anne Marie Desaulniers
Robert Donohue
John & Faith Dreyzehner
Jane Ellis
John Farbsien
Heidi Fernandez
Natalie Fields
Robert Fisher
Timothy Foley
Leslie Francavilla
Brenda Friday
David Gardiner
Sarah Goldfarb
Sherry Goldyn
Xiomara Gomez-Azcona
Brenda Weir Gousha
Dale Greenley &
Jacque Rider
Paul Daniel Hernandez
Joanne & Michael Hirsch
Patricia Hoffman
Richard Hoinski
Gail Holm
Robin Hoyland
Heather Hudson
Tara Johnston
Kim Jones
Keith Kaminski &
Neil Bowman
Susan Kantowitz
Jerry Keath & Janice
McPhee
Darrell Ketner
Henry Kim
Uziel Ladaw
Stella Lauerma
Patricia & Christopher
Leonette
Jeanne Lewis
Paul & Joanne Lichtenstein
Rafa Lina
Daniel Lopez
Jeremy Lum
Linda Lynch
Edmund & Teresa Maguire
Rene Maslow
Andrew Mathurin
Alanna Mazzarella
Carolyn McQuighan
Victor Mejia
Erin Melody
Catherine Meredith
Aviva Meyer
Lily Mihalik
Jennifer Miller
Jill & Korak Mitra
Joanna Mullins
Kristen Nelsen
Joan Ngando
Pamela Ogizn
Gbenga Olajide
Anita Olkin
Vincent & Priscilla Pereira
Alan Rhinesmith
Jessica Riollano
Jessica Rizzo
Janet Rosso
Lizzie Ross

Mike Russo
Mary Salcedo
Kate Sater
Jon Scherbart
Elizabeth Pepin Silva
Tony Silvestri
Julian Simpson
Adam Singerman
Shampa Sinha
Jessica & Robbe Smith
Toby Sonneman
Nancy Steele
Jason Stephens
Matt Stevenson
Deborah Strader
Evan Strain
Rebecca Suttman
Veronica Taylor
Alison Trama
Maria Valente
Michele Volke
Anne Walsh
DeeDee Wong
Kiana Yeganeh
David & Anne Yockel
Cynthia Yost
John Zedlewski
Marisha Zeffer
Rami Zeidan

NARANJITO (\$1-49)

Brian Ablang
Karen Hoyle al-Chacar
Marcey Alter
Elizabeth Aristy
Jesse Barrett
Tim & Sherry Beaty
Alana Benjamin
Tracy Blanchard
Helen Bone
Anne Burbridge
Laura Caffrey
Katie Chang
Amy Cohen
Sheryl Cohen
Jan Colvin
Paul Connolly
Alison Cooke
Melanie Cooke
Carol Cosenza
Paul Cumbo
Patrick Curran
Joseph DiBello
Allie Elaine
Ashley Esquivel
Marialys Fernandez
Frank Filice
Carlos Garzon &
Carolina Rodriguez
Joe Giglio
Stephanie Gonzalez
Matt Grabczynski
Mitzi Harper
Camilo Henao
Maggie Henry
Abby Hilliard
Marcia Jacobsen
Patricia Belanger Jacobson
Faye Jamail
Emma Johnston
Shannon Jordan
Karla Jose
Cece Kolstad
Wayne Leong
Mary Maher
Mike Marian
Mira McEwan
Noemi Mercado
George Mickeladze
Joel Miller
Tyrone Nero
Barbara O'Boyle
Farrand McDonald
O'Donoghue
Adan Rodriguez
Jessica Rodriguez
Christina Rude
Kevin Ruh
Lyle Schofield
Sanford Sinclair
Andrew Sosa
Shannon Sturman
Glen Terzi
Julie Tingle
Crystal Tran
Kathleen Tuccio
Stephanie Uijileman
Sonja Ure
Ferenc Varga
Oscar Velazquez
Fran Ward
Jen Warren
Christine Williams
Jessica Woodson
Rodney Wright
Natalie Yost



